CLAIMS

 A plant extract having an activity of inhibiting a function of fibroblast growth factor 5 (FGF-5).

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- 2. A plant extract obtained by extraction from a plant belonging to Rosaceae, Ericaceae, Aquifoliaceae, Rubiaceae, Compositae or Phaeophyceae with water or a solvent other than water and having an activity of inhibiting a function of fibroblast growth factor 5 (FGF 5).
- The plant extract as claimed in claim 2,
 wherein the plant is selected from the group consisting
 of rose fruit, loquat, burnet, bearberry, mate, cat's claw, mugwort and brown algae.
- A plant extract obtained by extraction from Uncaria rhynchophylla or tea with water or a solvent
 other than water and having an activity of inhibiting a function of fibroblast growth factor 5 (FGF-5).
 - 5. A fibroblast growth factor 5 (FGF-5) inhibitor containing one or more kinds of extracts obtained by

extraction from rose fruit, loquat, burnet, bearberry, mate, cat's claw, mugwort, *Uncaria rhynchophylla*, tea and brown algae with water or a solvent other than water.

- 6. A hair growth stimulant containing as active ingredients one or more kinds of the plant extracts inhibiting a function of fibroblast growth factor 5 (FGF-5) as claimed in any one of claims 1 to 4.
- 7. A cosmetic containing as active ingredients one or more kinds of the plant extracts inhibiting a function of fibroblast growth factor 5 (FGF-5) as claimed in any one of claims 1 to 4.